



Let us introduce

The WELLTEENS project aims to create free, accessible, and user-friendly psychoeducational materials, including videos and an app, for teenagers with refugee backgrounds in Europe, notably from Ukraine. These materials will address their needs in trauma coping, emotion tracking, sense of belonging, peer support, and overall well-being. Additionally, the project focuses on promoting self-help, peer support, and examining the unique challenges faced by Gen Z teens.

Our team

The project involves six partners from Italy, Poland, the Czech Republic, Bulgaria, Spain, and Ukraine, who leverage their extensive experience to support young people in Europe in response to the war in Ukraine. Their efforts focus on promoting mental health, social inclusion, and expanding opportunities for refugee teenagers.



1st Transnational Project Meeting, Barcelona, Spain

The first meeting of the project partners took place on April 10-11, 2024, in Barcelona, Spain. The event was hosted by GESEME.



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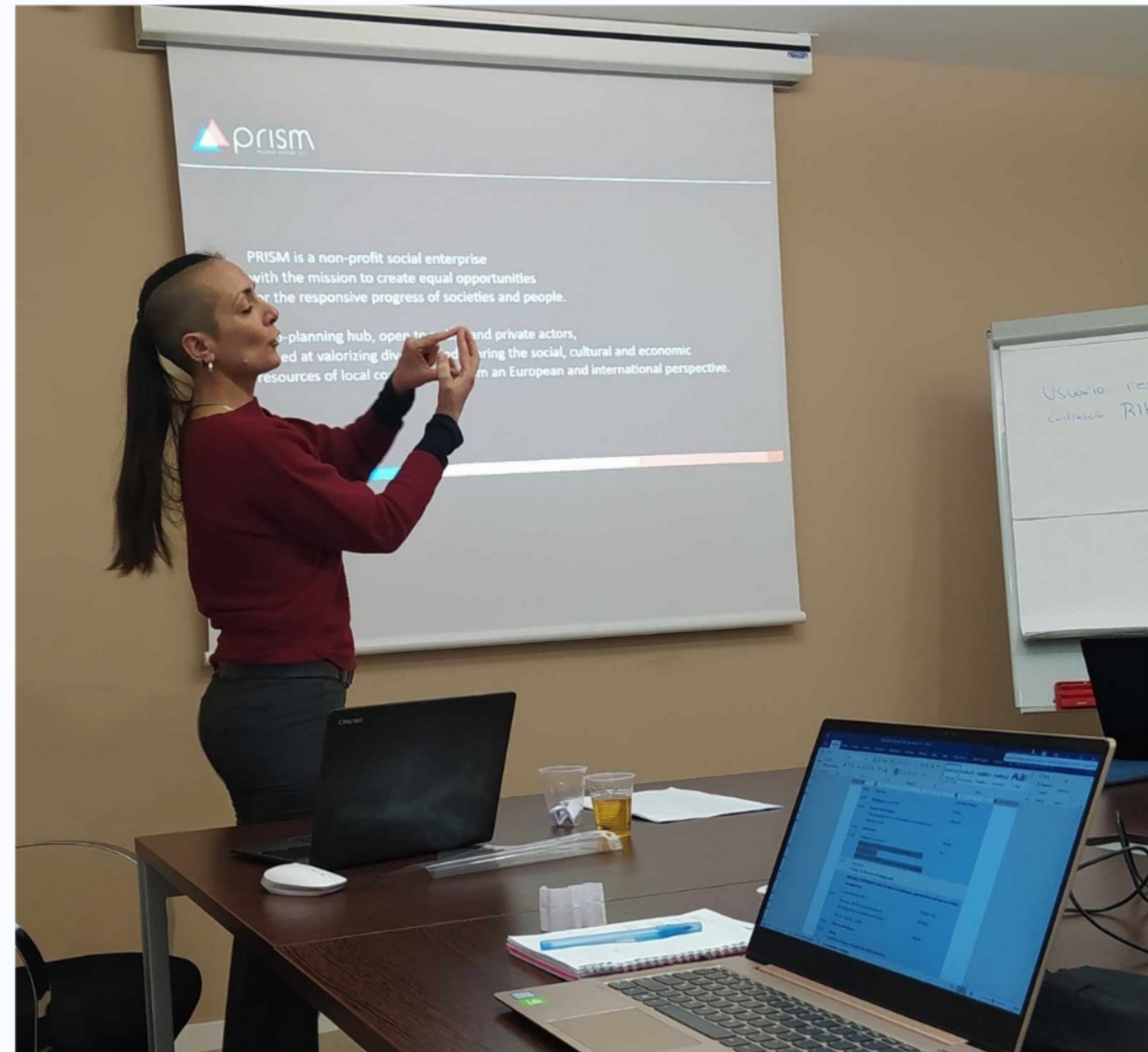
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<https://www.wellteens.eu>



During the meeting, the partners discussed organizational matters, shared insights into the specific challenges faced by refugee teenagers and their alignment with the project's objectives, and outlined the plan for future activities and expected results.

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